

Follow-Up After Mental Health Hospitalization (FUH)

How to be successful with FUH

Complete a follow up appointment within **7 calendar days** of discharge from a psychiatric inpatient hospitalization.

- ✓ If your practice does not have BH providers, please refer and encourage patient to attend.
- ✓ Follow up appointments that occur on day of discharge are not reportable.
- ✓ EHN ECIP incentives available for 7-day follow up appts only.
- ✓ When possible, schedule a 7 day follow up appointment prior to the patient discharging.
- ✓ If you miss the 7-day window, it is still beneficial to complete the visit as soon as possible.
- ✓ Telehealth appointments do count during the PHE (Public Health Emergency)

Provider Types who can fill the gap:

- ✓ Psychiatrist
- ✓ Psychiatric Nurse Practitioners
- ✓ LPCs and LCSWs
- ✓ PCPs with Collaborative Care Integration
- ✓ Federally qualified health centers (FQHCs)

Provider Type + Allowable service code = FUH Service

- **Common Mental Health Billing Codes that Fill FUH Gap**
- **90791-90792:** Psychiatric Diagnostic Procedures
- **90832-90834:** Psychotherapy
- **90836-90838:** Psychotherapy
- **90839-90840:** Psychotherapy for Crisis
- **90845, 90847, 90849, 90853:** Other Psychotherapy
- **90870, 90875, 90876:** Other Psychiatric Services or Procedures
- **99221, 99223:** New or Established Patient Initial Hospital Inpatient Care Services
- **99231-99233:** Subsequent Hospital Care
- **99238, 99239:** Hospital discharge day management
- **99251-99255:** New or Established Patient Initial Inpatient Consultation Services
- **99492-99494:** Collaborative Care

Why the FUH HEDIS® measure is important:

- One in five adults have a diagnosed mental health disorder, however those who are hospitalized often do not receive adequate follow up care.
- Providing follow-up care to patients after psychiatric hospitalization improves patient outcomes and decreases the likelihood of hospital readmissions, as well as decreases overall cost of outpatient care.



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